

SEFTON OPERA AND SEFTON MBC
AFFORDABLE WARMTH TEAM
INVITE YOU TO



Sefton Council

**KEEP WARM KEEP WELL
OVER 50'S EVENT**



The Atkinson Centre
Lord Street Southport
PR8 1DH
Monday 25th November 2019
10.30 am - 3.30pm

Information Stands From 10.30 a.m. till 12.30

Blood Pressure Chair Based Exercise

FREE GOODY BAGS Massage

Lunchtime light Refreshments

ALSO TEA DANCE FROM 1.30 TILL 3.30 WITH:

Memory Lane, Bootle Bells, Ernie, and Our Very Own Elvis

Refreshments on Sale

Please contact on 0151 330 0479 or 07452 867 648

admin@seftonopera.org.uk for further details

Company No: 3841119 Charity No: 1086437

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